

The following sites contain helpful information and top tips for safer internet use:

Webwise (www.webwise.ie)

The Irish Internet Safety Awareness Node. Webwise provides parents, teachers, and children with educational resources, advice and information about potential dangers on the internet and empowers users to minimise or avoid these risks.

Watch Your Space (www.watchyourspace.ie)

Developed by the National Centre for Technology in Education (NCTE). This site offers practical tips, advice and support for teenagers who use the web.

Childline (www.childline.ie)

Childline is one of the services run by the Irish Society for the Prevention of Cruelty to Children (ISPCC), which is part funded by the EU Safer Internet Programme. Childline provides a service where children and young people affected by issues or content encountered on the internet may turn for advice and guidance – 1800 66 66 66

National Parents Council (www.npc.ie)

The National Parents Council (NPC) provide a training seminar on internet safety for parent associations and financial support received from the EU Safer Internet Programme has allowed an expansion of its existing Parents' Helpline to deal with issues relating to internet safety including cyberbullying – (01) 8874477

The websites referred to in this leaflet and their content are the sole responsibility of the website providers.

The following guides are available to download from **www.internetsafety.ie**

- A parents' guide to new media technologies,
- A parents' guide to filtering technologies
- A parents' guide to social-networking websites
- A guide to cyberbullying

If you come across content on the internet that you suspect to be illegal, please report it using the confidential **www.hotline.ie** service.

For more Information

Contact: Office for Internet Safety
Floor 3, Block 2
Harcourt Centre
Harcourt Street
Dublin 2

www.internetsafety.ie
internetsafety@justice.ie

Email:
Helpline: 01 408 6122

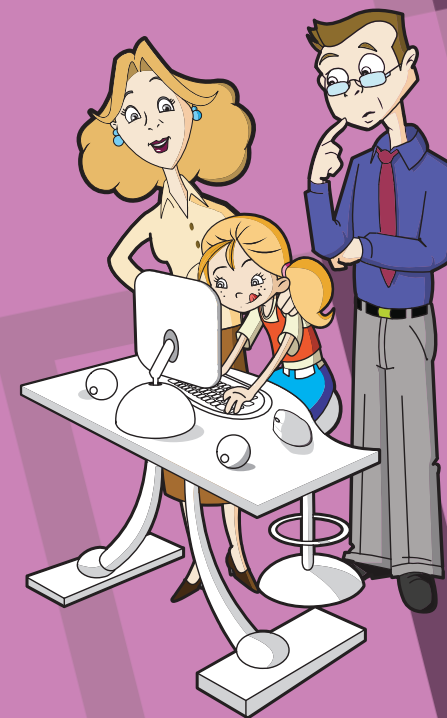
This leaflet was produced by the Office for Internet Safety for Safer Internet Day 2012.

GET WITH IT!



ns ife  
www.saferinternetday.org

Discover the internet together... safely



Office for Internet Safety

An Oifig Sábháilteachta Idirlín

Lots of people think that the older generation are not plugged into the digital world. This is clearly wrong. Many are extremely engaged with the internet and use it regularly to keep in touch with family, to shop and take an active part in online communities - using social networking websites, newsgroups, message boards, chatrooms and instant messengers.

With children now using the internet at a younger age, it can be seen as a part of everyday life. Despite the many benefits offered, parents are concerned about the risks their children face online, now more than ever where the internet can be accessed by simply picking up a mobile phone. Parents need to educate themselves and their children about how to....

**discover the
internet
together...
safely.**



Tips for Children

- You may take the internet for granted but a lot of your parents are only becoming familiar with it now. You need to be open about your internet experiences with them, whether they are good or bad.
- Immediately tell a parent or a trusted adult about any communications that you receive which make you feel uncomfortable.
- Know who you're talking to while online. Never have a personal conversation with a stranger, whether it's by email, a chatroom, Social Networking website or instant messenger.
- Take care of your identity while online. Never give out personal details such as your phone number, address or bank details.
- Never post intimate photos or details online or even in a private email. This can cause problems for you in school or in work.

Tips for Parents

- There are a number of products and solutions available to help protect your child from any online dangers but the best solution is **you**.
- Don't be afraid of your computer or the Internet.
- Learn how to use the computer and the internet yourself.
- Take an interest in what your children do online.
- Just like playing a board game, make surfing the internet a family activity especially with younger children.
- Set family rules for using the internet such as when it can be used and for how long.
- Talk to your children about the potential dangers on the internet and your concerns.
- Encourage your children to talk to you about anything uncomfortable they may find.